Dr. Chen's years of study and research later. Trained in China as a medical doctor, D.C. in 1973, moving to Worcester one year after. Dr. Yvonne Chen began her acupuncture practice in Washington, D.C. in 1973, moving to Worcester one year later. Trained in China as a medical doctor, Dr. Chen’s years of study and research included in-depth work with both traditional Chinese and Western medicine. Her approach to health incorporates keen knowledge on the nature of disease, use of energy balancing, nutritional counseling and the promotion of spiritual well-being.

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**Healing and Bodywork, continued**

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Deborah is a dedicated practitioner committed to the health and wellness of her clients, and a devoted teacher gently guiding her students into their own experience of Reiki through attunement and training.

WHAT HER CLIENTS SAY:
"Deborah is a caring professional who puts new client at ease."
- Brenda
"I felt so at peace last night. I slept through the night and am still at peace this morning."
- Steff

WHAT HER STUDENTS SAY:
"I love your space, the location, the energy of it, how prepared you were. I think you are a very professional and comforting presence."
- Bonnie

Find Crystal Reiki at The Gentle Place Wellness Group in Framingham, MA © 508-353-5136 © www.CrystalReikiEnergy.com

Libby is a gifted, knowledgeable Reiki Master with 37 years experience. Libby learned Reiki from John Harvey Gray in 1979, and is the longest practicing Reiki Master Teacher on the East Coast.

Her book, Reiki Energy Medicine, Bringing Healing Touch into Home, Hospital, and Hospice has sold over 75,000 copies in five languages.

One of Libby’s passions is teaching hospice staff and volunteers. Fueled by Reiki energy, their healing touch is enhanced, creating greater effectiveness in calming agitation, soothing pain and providing comfort.

In class, a powerful slide presentation captures the essence of Reiki and highlights the latest research. Reiki stories from Libby’s extensive experience will uplift and inspire you, showing how anyone can learn Reiki. You receive attunements and practice giving and receiving Reiki. You leave class with an illustrated notebook, certificate, and Reiki pin, fully trained and certified to do Reiki on yourself, family, friends, and animals. "Hands on, Reiki’s on."

"My commitment to teach the Usui System of Reiki Healing in the authentic, traditional manner inspired me to visit Japan to retrace the roots of Reiki. I am dedicated to teaching this sacred healing art to promote health and conscious living on the planet. I invite you to give yourself the gift of Reiki. It is an easy, effective self-care tool to love, heal, and empower yourself. I look forward to meeting you and sharing Reiki."

Reiki I, Boston Area Classes:
Newton, MA: April 2, June 4, or Sept. 10
Concord, MA: Mar. 12, June 11, or Oct. 15
Reiki I, Wilton, NH Classes:
March 19, May 21, or Sept. 17

Reiki II Class:
on day following Reiki I Class
Reiki Master, Wilton, NH Class:
May 14 or Oct. 8

Grades of other Reiki teachers welcome. Additional Reiki training dates can be found at: www.reikienergy.com
All credit cards accepted.
Social Work, Nursing and Massage contact hours/CEUs available. Reiki Master Teacher Training info available on request.
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Integrate Your Healing Touch

Libby has been teaching Reiki at Kripalu Center for Yoga and Health for 15 years. She has taught medical and nursing students at Harvard, Dana Farber Cancer Institute, Brown, Tufts, and Yale, as well as staff at Mass General, Brigham and Women's, Beth Israel, Mt. Auburn, Emerson, Dartmouth-Hitchcock, Southern New Hampshire, New York Columbia Presbyterian hospitals, and social workers at the University of Maryland.

Libby was featured in a Reiki segment for the PBS nationally televised series, Body and Soul.

"Libby has a beautiful way of teaching and creates a perfect atmosphere for healing and learning."

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Her book, Reiki Energy Medicine, Bringing Healing Touch into Home, Hospital, and Hospice has sold over 75,000 copies in five languages.

Use Reiki to create more joy, ease, and happiness. Let Libby’s warm, heart-centered approach help you take your next step toward self-love and inner peace. Reiki brings balance and harmony, supporting you doing the work you were born to do. Reiki facilitates transitions, promotes creativity and wisdom, and accelerates spiritual growth, helping you manifest your magnificence.

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The Oneness Blessing frees the senses from the constant chatter of the mind, bringing clarity and spontaneous feelings of love, joy, peace and inner silence. It dissolves negative patterns, releases traumas stored at the cellular and energetic levels, and facilitates deep emotional physical healing. Eventually the process brings a permanent end to personal suffering and full Awakening to the very highest states of consciousness.

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