



# Calendar

## MARCH

**3/1 — COLOR RAY HEALING TRAINING.** Get three prerecorded classes with live coaching March-May. Learn to balance the spectrum of life issues and specific areas of the body. Plus, how to test a person's main color ray. Visit [LearnGem.org](http://LearnGem.org)

**3/1-3/29 — LIVE ONLINE LOVING ME FIRST:** 5-week deliberate dating prep course.. Mondays, 6pm-8pm for 5 weeks. Ready to uncover what's been holding you back in finding your perfect-fit-partner? Look no further, the healing begins here! \$199. [www.awakenhcs.com](http://www.awakenhcs.com)

**3/6 — REIKI I CERTIFICATION.** Virtual via Zoom. Libby Barnett, MSW. 41 years experience. "Reiki Energy Medicine" author. Notebook, pin, certificate awarded. Credit cards accepted. CEU's/contact hours. Call (603) 654-2787. [www.reikienergy.com](http://www.reikienergy.com). Reiki II: 3/7.

**3/11-6/24 — REBIRTHING BREATHWORK FROM THE 13TH OCTAVE.** Thursdays 6:30-9:30pm. Bi-monthly. This series of workshops will include a 13th Octave Initiation (a process of conscious union with Source/Divine/God) and theory with practice of Rebirthing Breathwork. (203) 767-5954. [www.academyforsoulhealing.com/rebirthing](http://www.academyforsoulhealing.com/rebirthing)

**3/27 — HOW TO GIVE DISTANT HEALING SESSIONS.** Take your practice online. All modalities welcome. Learn the principles, ethics, skills, and techniques needed to give distant sessions safely, effectively, and without taking on unwanted energy. Visit [LearnGem.org](http://LearnGem.org)

## APRIL

**4/10 — REIKI MASTER CERTIFICATION.** Virtual via Zoom, Libby Barnett, MSW. 41 years of experience. "Reiki Energy Medicine" author. Certificate awarded. Credit cards accepted. Call (603) 654-2787. [www.reikienergy.com](http://www.reikienergy.com).

**4/23-4/25 — 13TH OCTAVE LAHOCHI TRAINING.** LaHoChi is an ancient healing modality that works as a

conduit to bring wholeness, balance and well-being to individuals. The 13th Octave is a process of conscious union with Source/Divine/God. It truly is the next step in energy healing. (203) 767-5954. [www.academyforsoulhealing.com/13th-octave-lahochi-training](http://www.academyforsoulhealing.com/13th-octave-lahochi-training)

**4/30-5/3 — LEVEL I HAND ANALYSIS TRAINING.** Burlington, VT. Study with Janet Savage, Master Hand Analyst. Immerse yourself in modern palmistry and the science of fingerprints. Learn to be a Hand Analyst; incorporate this tool into your healing practice or study for personal growth. Visit <https://www.handtales.com/study/> for details. Contact Janet, (802) 279-8554. And ask me about the brand new on-line option starting in March 2021.

## MAY

**5/9 — EXCLUSIVE MOTHER'S DAY OFFER,** one-day only. Celebrate your day with our special Mother's Day Offer. Handcrafted with love in New England, our eco-friendly jewelry is designed for life. [kristenmara.com](http://kristenmara.com).

**5/12-5/16 — LIVING IN THE LIGHT RETREAT.** This 5-day event accelerates your evolving process as each day moves you into a divine frequency of light through guided meditation exercises, quantum healing, sound healing and experiential workshops. Held via Zoom. Lovelight Illuminations Center, Wells, ME. (207) 216-9584. [info@lovelightilluminations.com](mailto:info@lovelightilluminations.com). [www.lovelightilluminations.com](http://www.lovelightilluminations.com).

**5/15 — REIKI I CERTIFICATION.** Virtual via Zoom. Libby Barnett, MSW. 41 years experience. Reiki Energy Medicine author. Notebook, pin, certificate awarded. Credit cards accepted. CEU's/contact hours. Call (603) 654-2787. [www.reikienergy.com](http://www.reikienergy.com). Reiki II: 5/16.

**5/15-5/16, 2021 — NEUROINFLAMMATION AND AUTOIMMUNE IMMUNITY** with Caroline Gagnon. Identifying and calming the places where inflammation has settled chronically in the body can enormously improve health and wellbeing through the use of herbal remedies. Boston School of Herbal Studies. (617) 417-8686. [www.bostonherbalstudies.com](http://www.bostonherbalstudies.com).

**5/28-5/30 — WOMEN OF WISDOM HYPNOTHERAPY CERTIFICATION BEGINS.** Intensive program prepares the individual for a rewarding career as a professional certified hypnotherapist. Live demonstration, supervised practice and hands-on experience makes this a truly exceptional course. Tuition includes training manual, scripts, over 220+ hours. All inclusive. Six weekends to complete program. Friday (6-9:30); Saturday (10-6); Sunday(10-6). \$1995 ppd. Early Bird \$1795. Women of Wisdom. (508) 230-3680. [womenofwisdominc.com](http://womenofwisdominc.com).

## JUNE

**6/5-6/6 — HOLY FIRE III, REIKI I & II CLASS.** Our Reiki I & II class is a thorough and comprehensive combination of Western style and Holy Fire Energies. After completing this class, you will be able to give Reiki treatments to yourself and others. Bena Phillipo, Holy Fire III, Reiki Master/Teacher. Sacred Resonance Healing. (508) 303-0366. [www.SacredResonanceHealing.com](http://www.SacredResonanceHealing.com).

**6/5-6/9 — ANIMAS VALLEY INSTITUTE'S SOUL-CRAFT** at Spirit Hollow in Shaftsbury, VT. A popular five-day experiential plunge into the wild depths using a synergistic set of nature-based practices designed to evoke the life-shifting experience of soul encounter with guide Doug Van Houten. Visit [spirithollow.org](http://spirithollow.org).

**6/10-6/13 — VIRTUAL 15TH ANNUAL INTERNATIONAL HERB SYMPOSIUM.** A benefit event for United Plant Savers. Over 100 classes and teachers from 20 different countries, international virtual plant walks, international network of knowledge, veterinary botanical medicine track, cultivation and conservation track. Registration opens March 1, 2021. [www.internationalherbsymposium.com](http://www.internationalherbsymposium.com).

**6/23-11/3 — AKASHIC FIELD HEALING.** 20 weekly classes on Wednesdays 6:30-9:30pm. Learn this method of quantum healing, and access the Akashic Records, in order to release traumatic energies which can then free you to begin a new set of experiences instead of revisiting old ones. 203-767-5954 [www.academyforsoulhealing.com/akashic-field-healing-one-on-one](http://www.academyforsoulhealing.com/akashic-field-healing-one-on-one)

## JULY

**7/17 — REIKI I CERTIFICATION.** Virtual via Zoom. Libby Barnett, MSW. 41 years experience. "Reiki Energy Medicine" author. Notebook, pin, certificate awarded. Credit cards accepted. CEU's/contact hours. Call (603) 654-2787. [www.reikienergy.com](http://www.reikienergy.com). Reiki II: 7/18.

**7/30-8/7 — WILD WOMEN VISION QUEST** at Spirit Hollow in Shaftsbury, VT. This immersion is held in a deeply resonant, revered, loved and protected hollow in a huge forested wilderness area in the southwestern Vermont Taconic Mountains, where vision quests, shamanic trainings, warrior and goddess camps have been held for decades. Open to women of all ages 18 and up who feel called. Application and letter of intent required. Visit [spirithollow.org](http://spirithollow.org).

## UPCOMING

**9/1 — DIAMOND THERAPY ASSOCIATE PRACTITIONER CERTIFICATION BEGINS.** Learn to support whole-being transformation in yourself and others using the healing power of Diamonds to awaken inner blueprint instructions for optimal health. 10-month course for self-therapy or certification. Visit [LearnGem.org](http://LearnGem.org)

**9/1 — GEMSTONE THERAPY ASSOCIATE PRACTITIONER CERTIFICATION BEGINS.** Learn to effectively and logically use gemstones to clear, nourish, balance, and align yourself and others in meaningful sessions. Take Level 1 courses anytime or in a class starting 9/1/2021. Visit [LearnGem.org](http://LearnGem.org)

**9/4 — WOW SCHOOL OF ANGEL ALIGNMENT.** Become an earth angel, bringing hope and planting seeds of joy! Do you long for greater connection, enhanced healing abilities, expanded messaging and intuitive skills and more joy? Receive powerful angel attunements, activations and IET I certification to increase your ability to hold and maintain your divine connection. One Sat/month. For 8 months. 11am-5pm. \$1099. Women of Wisdom. (508) 230-3680. [womenofwisdominc.com](http://womenofwisdominc.com)

**9/18 — REIKI I CERTIFICATION.** Virtual via Zoom. Libby Barnett, MSW. 41 years experience. "Reiki Energy Medicine" author. Notebook, pin, certificate awarded. Credit cards accepted. CEU's/contact hours. Call (603) 654-2787. [www.reikienergy.com](http://www.reikienergy.com). Reiki II: 9/19.

**9/25-10/9 — HEALING FROM THE BODY LEVEL UP™ MODULE 1: CLEARING TRAUMA AND HEALING PTSD.** Achieve stellar, faster, easier therapeutic results. Online training includes three Saturdays 9-6pm, plus pre-recorded content. 35 CE credits available. Judith Swack, PhD. (781) 444-6940 or [info@hblu.org](mailto:info@hblu.org). [www.hblu.org](http://www.hblu.org).

**10/2, 2021 — 2nd ANNUAL STURBRIDGE HERBFEST.** Classes, vendors, food! Join us at the Sturbridge Senior Center, 480 Main Street, Sturbridge, MA. 9:30-4:30. For

more info or vendor applications contact Salli Greene at Alternatives for Health. (508) 347-2111 or [sargreene@gmail.com](mailto:sargreene@gmail.com). [www.sturbridgeherbfest.com](http://www.sturbridgeherbfest.com).

**11/13-11/14, 2021 — 14TH ANNUAL SPIRIT OF CHANGE MAGAZINE NATURAL LIVING EXPO.** Royal Plaza Trade Center. 181 Boston Post Road West, Marlboro, MA. Saturday 9-6; Sunday 10-5. Featuring exhibits, workshops, readings, shopping and fun. Enjoy the healthy food courts for delicious breakfast, lunch and dinner meals throughout the weekend. Too much to see and do in one weekend! Plan to attend both days! [www.NaturalExpo.org](http://www.NaturalExpo.org).

**2/24-2/26, 2022 — 15TH EVIDENCE-BASED COMPLEMENTARY AND ALTERNATIVE CANCER THERAPIES CONFERENCE.** West Palm Beach, FL. Natural cancer strategies, lifestyle issues and holistic/alternative treatments. [www.annieappleseedproject.org](http://www.annieappleseedproject.org).

## ONGOING

**DIAMOND AND GEMSTONE THERAPY TRAINING.** Explore both medicinal-grade therapy tools and an alternative-healing school offering meaningful and scientifically-based beginner to advanced training in Diamond and Gemstone Therapy at the Gemstone Therapy Institute. Get started any time with our free online classes. Visit [LearnGem.org](http://LearnGem.org)

**MINDFULNESS, LOVINGKINDNESS, RECOVERY AND DROP-IN MEDITATIONS** held daily at Cambridge Health Alliance Center for Mindfulness and Compassion. Free of charge. See schedule and register at [www.chacmc.org](http://www.chacmc.org) or (617) 591-6132. Also offered: 8-week MBSR, MSC and other

mindfulness and compassion courses, professional trainings and research opportunities.

**THE ECLECTIC INSTITUTE OF AROMATHERAPY AND HERBAL STUDIES** offers the Introduction to European Based Aromatherapy Certification beginning March 13, 2021 in Sturbridge, MA; Level II Advanced Blending of Essential Oils beginning March 21, 2021 in Carlisle, MA. For details visit [www.aromatherapyandherbalstudies.com](http://www.aromatherapyandherbalstudies.com)

**MEDITATIONS FOR YOUR ONE WILD & PRECIOUS LIFE** Every Wednesday in March, April & May from 12:00 – 12:30pm. Learn to help cultivate a spiritual practice during challenging times and wonderful times with Lisa Campbell at The Gentle Place. \$9. For info go to [www.mindfulfilled.com](http://www.mindfulfilled.com)

**GENTLE KRIPALU YOGA ZOOM CLASSES.** With Pat Lebau, professional level Kripalu Yoga teacher. M, W, TH at 10:30am. Gentle Zoom Yoga for Plantar Fasciitis on TH at noon. Donation-based payment via Paypal or Venmo. [PatriciaLebau@gmail.com](mailto:PatriciaLebau@gmail.com) or 508-393-5581. [www.PatLebauYoga.com](http://www.PatLebauYoga.com).

**ECK LIGHT AND SOUND SERVICES ON ZOOM** sponsored by the Massachusetts Satsang Society on the first and third Sunday of the month starting at 11am. Check [eckinmass.org](http://eckinmass.org) for monthly themes or contact Mark at [resa\\_in\\_ma@yahoo.com](mailto:resa_in_ma@yahoo.com).

**WELLNESS ROUNDTABLE HOLISTIC PRACTITIONERS NETWORKING GROUP.** Please join us at our virtual monthly meetings, second Wednesday each month Sept-June. A welcoming community working for the greater health and wellbeing of all. Contact [Ritu.Kapur@sohum.com](mailto:Ritu.Kapur@sohum.com).



Explore both medicinal-grade therapy tools and an alternative healing school with Isabelle Morton, founder of Gemstone Therapy Institute. See Ongoing listing or visit [LearnGem.org](http://LearnGem.org).