

Calendar



SEPTEMBER

9/1 — GEM 111: GEMSTONE THERAPY LEVEL 1 CLASSES BEGIN. Gain a deeper understanding of how gemstones work and how to apply them to give safe, meaningful, and effective self-therapy or give sessions to others. Visit www.learnGem.org

9/1 — GEM 118: EVALUATING, CORRECTING, AND NOURISHING THE SUPRAPHYSICAL AURA. Online course now available. Learn to identify and correct anomalies that are often precursors of physical unwellness or that reflect current disharmony in the body. Visit www.learnGem.org

9/4 — WOW SCHOOL OF ANGEL ALIGNMENT. Become an Earth angel, bringing hope and planting seeds of joy! Do you long for greater connection, enhanced healing abilities, expanded messaging and intuitive skills and more joy? Receive powerful angel attunements, activations and IET I certification to increase your ability to hold and maintain your divine connection. One Sat/month. For 8 months. 11am-5pm. \$1099. Women of Wisdom. (508) 230-3680. womenofwisdominc.com

9/9 — DEADLINE FOR MASSACHUSETTS RESIDENTS TO COMMENT on MA Dept of Public Utilities plan to deploy wireless smart meters. Contact ma4safetech@gmail.com, Visit www.mass4safetech.org.

9/11-12 — BASIC MASTER NPMDT WORKSHOP OF THE INTERNATIONAL SCHOOL OF ESOTERIC SCIENCES. Teacher Lin Hourihan. Replenish your energy work, dynamic energy boost. Hands-on practice. Rejuvenate yourself. Certification. Visit: www.new-paradigm-mdt.org/classes/november-13-14-2021-npmdt-basic-master/

9/12 — WOMEN OF WISDOM SCHOOL OF HOLISTIC PROFESSIONALS. Take your knowledge to the next level and become a holistic professional facilitating treatments with clients and/or teaching. Eight-month program assists you in stepping into mastery utilizing more advanced tools and techniques in addition to expanding your talents exponentially. Learn how to build a professional practice, market your skills, and put it all together. Certification as Reiki Master/Teacher, Shamballa MT. CEU's avail. Class meets one Sunday per month, 10-5 pm. Women of Wisdom. (508) 230-3680. womenofwisdominc.com

9/18-9/19 — GLOBAL DAYS OF ACTION/PROTEST AGAINST 5G. Visit <https://stop5ginternational.org/stop-5g-protest-day/>

9/25-10/9 — HEALING FROM THE BODY LEVEL UP™ MODULE 1: CLEARING TRAUMA AND HEALING PTSD. Achieve stellar, faster, easier therapeutic results. Online training includes three Saturdays 9-6pm, plus prerecorded content. 35 CE credits available. Judith Swack, PhD. (781) 444-6940 or info@hblu.org. www.hblu.org.

9/25 — REIKI I CERTIFICATION. Virtual via Zoom. Libby Barnett, MSW. 41 years experience. "Reiki Energy Medicine" author. Notebook, pin, certificate awarded. Credit cards accepted. CEU's/contact hours. Call (603) 654-2787. www.reikienergy.com. Reiki II: 9/26.

9/26 — ART & MIND: REFLECTIONS OF WOMEN, FEMMES AND OUR MENTAL HEALTH DURING COVID. Zoom Virtual Art Show. Disabled Black activist and coordinator, Amaranthia Sepia, invites you to this free, empowering fundraiser event, hosted by ATAC160 Gallery, and Boston non-profit Brain-Arts Org. 5pm. Visit amaranthiasepiaartworks.art for details or email AmaranthiaSepiaArtworks@gmail.com.

9/30/21 — GDI 171: HOW TO GIVE SAFE, MEANINGFUL, AND EFFECTIVE DISTANT HEALING SESSIONS EARLY-BIRD REGISTRATION DEADLINE. Dive deeply into the mechanics, ethics, skills, and techniques needed to give distant healing sessions—no matter your modality. Visit www.learnGem.org

OCTOBER

10/2, 2021 — 2nd ANNUAL STURBRIDGE HERBFEST. Classes, vendors, food! Join us at the Sturbridge Senior Center, 480 Main Street, Sturbridge, MA. 9:30-4:30. For more info or vendor applications contact Salli Greene at AlternativesforHealth@gmail.com. (508) 347-2111 or www.sturbridgeherbfest.com.

10/8-13 — SPIRITUAL RETREAT IN SEDONA, AZ. Join us on a trip of a lifetime with four of Sedona's powerful and transformational vortexes. Create a stronger foundation, clear and release past trauma, receive a spiritual upgrade,

clear your chakras, reconnect with yourself, and evolve into the next phase of your life. Spiritual development workshops, energy healing, daily meditations and more. Contact Bhavna at bhavnasrivastava@Bhwellnessgroup.com or (774) 242-2112. www.bhwellnessgroup.com.

10/9 — REIKI MASTER CERTIFICATION. Virtual via Zoom. Libby Barnett, MSW. 41 years experience. "Reiki Energy Medicine" author. Certificate awarded. Credit cards accepted. CEU's/contact hours. Call (603) 654-2787. www.reikienergy.com.

10/12-12/7 — MINDFUL SELF-COMPASSION (MSC) COURSE combines the skills of mindfulness and self-compassion to enhance our capacity for emotional well-being. MSC is an empirically-supported 8-week program designed to cultivate the skill of self-compassion. Live online Zoom platform. Tuesdays 4-6:15 pm. Early bird registration through September 12: \$600. After Sept 12: \$650. Limited scholarships available. Visit Cambridge Health Alliance Center for Mindfulness and Compassion website for more information and to register www.chacmc.org or call (617) 591-6132.

10/16 — LEARN EM LEVEL 2. EM is an amazing distance energy modality that can access and send energy applications to anyone, anywhere, fast! Remote class. Just \$310 to learn this amazing energy tool. Contact Marilyn Fleetwood, therestfulturtle@gmail.com. (508) 983-4085. FB: The Restful Turtle.

10/19 — AFTER-DEATH COMMUNICATION WITH YOUR DECEASED LOVED ONES. Live online 7-week course, with all classes recorded. Special, September 28, free webinar: The 3 Secrets to Communicating With your Deceased Loved Ones. Receive info: RebeccaAustillClausen.com.

10/24 — 15TH ANNUAL SAMHAIN FESTIVAL. Join witches and wise folk for a day of magic and merriment. Magical workshops; mystical vendors; psychic readings; live music; Samhain ritual. DoubleTree Hilton, 2 Somerset Pkwy, Nashua, NH. 10-6. Special guest author Orion Foxwood. Visit: facebook.com/NHSamhain. www.celebrateSamhain.com. Admission: \$10 w/donation of a non-perishable food item (\$12 without).

10/24 — 13th OCTAVE LAHOCHI TRAINING LEVEL ONE. Experience the newly expanded and amplified energy of anchoring our divinity in physicality, as we move from the ascension process to the creation process. 13th Octave LaHoChi training is offered in 3 levels, for which Level 1 is a pre-requisite for higher levels. This training is offered via Zoom, in the comfort of your own home. Offered by Ellis Philpott, one of only two teachers approved to offer this training. For more info and registration, visit www.academyforsoulhealing.com.

10/30-31 — HOW TO ADDRESS VIRUSES IN ALL THEIR VARIETY. Two-day workshop with herbalist and naturopathic physician Jody Noe at the Boston School of Herbal Studies. Arlington, MA. (617) 417-8686. www.bostonherbalstudies.com.

NOVEMBER

11/13-11/14, 2021 — 14TH ANNUAL SPIRIT OF CHANGE MAGAZINE NATURAL LIVING EXPO. Royal Plaza Trade Center. 181 Boston Post Road West, Marlboro, MA. Saturday 9-6; Sunday 10-5. Featuring 185 exhibits, over 50 workshops, readings, shopping and fun. Enjoy the healthy indoor and outdoor food courts for delicious breakfast, lunch and dinner meals throughout the weekend. Too much to see and do in one weekend! Plan to attend both days! www.NaturalExpo.org.

11/13 — REIKI I CERTIFICATION. Virtual via Zoom. Libby Barnett, MSW. 41 years experience. "Reiki Energy Medicine" author. Notebook, pin, certificate awarded. Credit cards accepted. CEU's/contact hours. Call (603) 654-2787. www.reikienergy.com. Reiki II: 11/14.

11/13-11/21 — 4-DAY 13D MULTIDIMENSIONAL TRANSFORMATION WORKSHOP. Teacher Lin Hourihan. Replenish your energy work, dynamic energy boost. Hands-on practice. Rejuvenate yourself. \$480, due by Nov 6. Visit: www.new-paradigm-mdt.org/classes/november-13-14-2021-npmdt-basic-master/

11/18 — SPIRIT MESSENGERS: AN EVENING OF MEDIUMSHIP WITH JOHN HOLLAND & LAURA WOOSTER. Find peace in knowing that our loved ones in the spirit world are still connected to us as John and Laura deliver messages to some audience members. Circles of Wisdom, Methuen, MA. www.circlesofwisdom.com

11/19-23 — MARK YOUR CALENDAR: NOV. Shop one of our only - and BIGGEST - sales of the year! Elegantly understated and eco-friendly, our New England made jewelry is the perfect gift. Made with love: kristenmara.com.

DECEMBER

12/4 — REIKI MASTER CERTIFICATION. Virtual via Zoom. Libby Barnett, MSW. 41 years experience. "Reiki Energy Medicine" author. Certificate awarded. Credit cards accepted. CEU's/contact hours. Call (603) 654-2787. www.reikienergy.com.

UPCOMING

1/19/22 — GDI 171: HOW TO GIVE SAFE, MEANINGFUL, AND EFFECTIVE DISTANT HEALING SESSIONS COURSE BEGINS. Dive deeply into the mechanics, ethics, skills, and techniques needed to give distant healing sessions — no matter your modality. Visit www.learnngem.org

2/1/22 — COLOR RAY HEALING ONLINE COURSES BEGIN. Start your journey whether you're casually curious about the healing potential of color, want to take charge of your healing journey, or are interested in Color-Ray Healing Practitioner certification. Visit www.learnngem.org

3/5-3/6/22 — HOLY FIRE III, REIKI I & II CLASS. Our Reiki I & II class is a thorough and comprehensive combination of Western style and Holy Fire Energies. After completing this class, you will be able to give Reiki treatments to yourself and others. Bena Phillippo, Holy Fire III, Reiki Master/Teacher. Sacred Resonance Healing. (508) 303-0366. www.SacredResonanceHealing.com.

ONGOING

THE ECLECTIC INSTITUTE OF AROMATHERAPY AND HERBAL STUDIES offers: Introduction to European Based Aromatherapy Certification, 10-3 & 10-31; Palmistry as a Tool of Diagnosis, 1/7/22; Goat's Milk Soap Workshop 2/5/22. For more information visit www.aromatherapyandherbalstudies.com.

JOIN MEDIUM BONNIE PAGE Wednesday nights from 6 to 7:30pm at Mystical Magical Marketplace, 48 Central Street, Winchendon, MA, for a development circle. Practice sitting in the power, exercises, and giving and receive messages. Drop in. \$20.00. For more info, (978) 297-9790 or email bonniepage@verizon.net. Visit bonniepagemedium.com and @MediumBonniePage for the latest updates.

MINDFULNESS, LOVINGKINDNESS, RECOVERY AND DROP-IN MEDITATIONS held daily at Cambridge Health Alliance Center for Mindfulness and Compassion. Free of charge. See schedule and register at www.chacmc.org or (617) 591-6132. Also offered: 8-week MBSR, MSC and other mindfulness and compassion courses, professional trainings and research opportunities.

GENTLE KRIPALU YOGA ZOOM CLASSES. With Pat Lebau, professional level Kripalu Yoga teacher. M, W, TH at 10:30am. Gentle Zoom Yoga for Plantar Fasciitis on TH at noon. Donation-based payment via Paypal or Venmo. PatriciaLebau@gmail.com or 508-393-5581. www.PatLebauYoga.com.

ECK LIGHT AND SOUND SERVICES ON ZOOM sponsored by the Massachusetts Satsang Society on the first and third Sunday of the month starting at 11am. Check eckinmass.org for monthly themes or contact Mark at resa_in_ma@yahoo.com.

LEARN TO MEDITATION WEBINARS WITH SCIENCE OF SPIRITUALITY. Free online Monday evening at 7pm. "Meditation is a private retreat from the problems of the world." Sant Rajinder Singh Ji. www.sos.org/webinars/learn-to-meditate-series.



9/1 — Join gemstone therapy expert Isabelle Morton to gain a deeper understanding of how gemstones work and how to apply them to give effective self-therapy or sessions to others. See September listing or www.learnngem.org.