Eric, a professional astrologer for 25 years, works with individuals, couples and businesses. Specialties include career moves, personal creativity and karmic relationships. Consultations are available in person, by telephone, or on cassette. Eric also offers classes, lectures and appearances at parties and special events. For more information and to schedule a private session, contact Eric by email or call:

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Don’t ask yourself what the world needs.
Ask yourself what makes you come alive, and go do that, because what the world needs is people who have come alive. — Howard Thurman
Counseling and Therapy

**Vanessa Linsey**  
MEDIATOR & COACH

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Coach Vanessa Linsey loves helping couples get on the same page. She is a communication expert and divorce mediator with extensive background in mindfulness and parenting.

“Vanessa taught us how to see each other in a different light. I highly recommend her to any couple that could use a little help in making their relationship a much better one.”

Visit [vanessalinsey.com](http://vanessalinsey.com) to learn more or for a free consultation.

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**Dr. Tarah Doyle**  
Holistic Counseling and Energy Healing

Tarah is a holistic psychologist who uses a combination of energy healing techniques, breathwork, meditation, and visualization to help her clients move through blocks, shed layers of programming, and re-align to their Authentic, Soulful selves.

If you are ready to heal and are committed to your own healing, Tarah invites you to reach out.

Tarah offers the following services:

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Counseling and Therapy

**Barbara Madden Johnson**  
Certified Master Hypnotist  
NLP Practitioner  
Energy Medicine Practitioner

Barbara brings a rich blend of deep experience as a clinician, clinical supervisor, college administrator, and professor. She helps individuals resolve health issues, including learning disabilities, dyslexia, immune and auto-immune diseases, chronic fatigue syndrome, fibromyalgia, and depression, as well as issues relating to career, identity, relationships, and more recently, gender identification.

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I use a combination of traditional, body centered and energy therapies to increase the speed and deepen the level of holistic healing.

“Barbara has a unique gift. She really helped me find the person I was meant to be buried under the layers of what people wanted me to be.” — Sheryl C., Boston, MA

You can do this. You can find peace of mind. You can make positive changes permanent. You can heal your body, mind, and soul. You may not know how to connect to the part of you that knows the way, but that part of you is still in you. Barbara will help you reconnect and guide you on your unique healing path.

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Every blade of grass has its angel who bends over it and whispers, “Grow, grow.” — The Talmud

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The art of being wise is the art of knowing what to overlook. — William James
I offer a variety of modalities such as: EMDR, Sandtray Therapy, Relaxation Techniques, Therapeutic Movement & Psychotherapy to help heal our core issues and attain a more integrated sense of health and well-being. I look forward to meeting you.

Client Comments:
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- EMDR – “I had insights I never had before.”
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Spirit of Change SPRING/SUMMER 2022
Libby Barnett, MSW, RMT
Awaken Your Healing Touch

Libby is a gifted, knowledgeable Reiki Master with 41 years experience. She learned Reiki from John Harvey Gray in 1979, and is the longest practicing Reiki Master Teacher on the East Coast. Her book, Reiki Energy Medicine, Bringing Healing Touch into Home, Hospital, and Hospice, has sold over 75,000 copies in five languages.

Use Reiki to create more joy, ease, and happiness. Libby’s warm, heart-centered approach helps you take your next step toward self-love and inner peace. Reiki brings balance and harmony, supporting you doing the work you were born to do. Reiki facilitates transitions, promotes creativity and wisdom, and accelerates spiritual growth, helping you manifest your magnificence.

Libby has been teaching Reiki at Kripalu Center for Yoga and Health for 15 years. She has taught medical and nursing students at Harvard, Dana Farber Cancer Institute, Brown, Tufts, and Yale, as well as staff at Mass General, Brigham and Women’s, Beth Israel, Mt. Auburn, and Dartmouth-Hitchcock, Southern New Hampshire, New York Columbia Presbyterian hospitals, and social workers at the University of Maryland. Libby was featured in a Reiki segment for the PBS nationally televised series, Body and Soul.

“Libby has a beautiful way of teaching and creates a perfect atmosphere for healing and learning.”

One of Libby’s passions is teaching hospice staff and volunteers. Fueled by Reiki energy, their healing touch is enhanced, creating greater effectiveness in calming agitation, soothing pain and providing comfort.

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